



*Programme*

**FEPTO Research Committee Meeting**

# Research for a magic profession? Scientific reasoning in psychodrama training and practice

**4<sup>th</sup> – 7<sup>th</sup> of October, 2018**  
**University of Leipzig, Germany**



**Organizing Committee**

Anett Richter-Nowak  
Uwe Nowak, & Katja Kolmorgen,  
*Psychodrama Institute Surplus, Leipzig, Germany*

Johannes Krall  
*FEPTO Research Committee*  
*Alpen-Adria University of Klagenfurt*



**FSR Psychologie**  
Forschungs Psychologie | der Universität Leipzig



## Programme

### Thursday, 4<sup>th</sup> of October 2018

16:30 – 17:00 Registration

#### Opening and Welcome

17:00 – 17:45 *Anett Richter-Nowak, Uwe Nowak, Katja Kolmorgen, & Hannes Krall*  
**Welcome and sociodramatic warm up**

17:45 – 18:00 *Anett Richter-Nowak & Uwe Nowak.*  
**Welcome to SURPLUS**

18:00 – 18:15 *Mirjana Jovanovska Stojanovska, School for psychodrama psychotherapy  
“Amigdala”, Macedonia*  
**Psychodrama at MIT University: theory, practical learning and  
research**

18:15 – 18:45 *Hannes Krall, University of Klagenfurt, Austria*  
**Research for a magic profession?  
Scientific reasoning in psychodrama training and practice**

18:45 – 20:15 **Playback Theatre**

20:30 Dinner

### Friday, 5<sup>th</sup> of October 2018

#### Moderation:

*Hannes Krall, University of Klagenfurt, Austria*

#### Research on individual and group psychotherapy

9:00 – 10:30 *Reinhard T. Krüger, Moreno-Institute Edenkoben/ Überlingen, Germany*  
**Monodrama, why and how?**

10.30 – 11:00 Coffee break

11:00 – 12:30 *Bernhard Strauß, Universitätsklinikum Jena, Germany*  
**Current trends in (group) psychotherapy research – relevant for  
psychodrama?**

12.30 – 14.00 Lunch break

#### Effectiveness research on psychodrama

14:00 – 14:30 *Konrad Schnabel, International Psychoanalytic University Berlin, Germany*  
**Psychodrama and wise interventions: A pilot study and research plan**

- 14:30 – 15.45 *Reijo Kauppila, Helsinki Psychodrama Institute, Finland*  
**Effectiveness research of trauma stabilisation and learning in the EBTS-Project:**  
**Part I: Effectiveness of Learning in EBTS-Trainings**  
**Part II: The Effectiveness Research of the EBTS-Programme**
- 15:45 – 16:00 Comfort break
- 16:00 – 17:00 **Wilhelm Wundt (1832–1920) Exhibition**
- 19:00 Dinner
- 21:00 Guided tour **Leipzig at night**

## Saturday, 6<sup>th</sup> of October 2018

**Moderation:** *Inanç Sümbüloğlu, AOPI, Turkey*

### Research on applied psychodrama

- 09:00 – 10:30 *António-José Gonzalez & Paulo Martins, ISPA Instituto Universitário, Portugal:*  
**Spontaneity, Alexithymia, and Psychological Well-Being: a study with psoriasis patients**

*Ivan Fossati, University of Milan, Italy*

**The psychodramatic therapy and the theme of death in cancer patients**

*Siri Skar, Moreno Institute Oslo, Norway*

**Play and seriousness - to express oneself and what one thinks or feels through creative and spontaneous action in a creative process**

- 10:30 – 11:00 Coffee break

### Psychodrama training and integration of research

- 11:00 – 12:30 *Paola de Leonardis & Marco Greco Psychodrama Institute of Milan & Studio di Psicodramma, Torino, Italy*  
**Morenian Identity, Theory and Methodology**  
**3rd STEP 2018: Moving towards a common ground for theoretical and technical Psychodrama**

*Hannes Krall, University of Klagenfurt, Austria*

**Research as part of psychodrama training**

*Galabina Tarashoeva, Psychodrama Center Orpheus, Bulgaria*

**Good practice for writing a case study**

- 12:30 – 14:00 Lunch

14:00 – 15:30 *Krzysztof Ciepliński, John Paul II Catholic University of Lublin, Poland*  
**The use of psychodrama in psychology students education**

*Paulo Martins & António-José Gonzalez, ISPA Instituto Universitário, Portugal:*

**Assessing Spontaneity through SAI-R: reflections, criticisms and alternative suggestions**

*Antti Soikkanen, Helsinki Psychodrama Institute, Finland*  
**Psychodrama and organizational development**

15:30 – 16:00 Coffee break

16:00 – 16:45 *Ines Testoni & Francesca Alemanno*  
**RC Meeting at the University of Padua**

**Next meetings:** Where? When? What theme & content? Organization?

**2<sup>nd</sup> IAGP international Research Congress, 14-17 June, 2019, Thessaloniki**

**8<sup>th</sup> International Psychodrama Congress, 4-8 September 2019, Iseo**

*Susanne Schulze, ÖAAG Austria*  
**Evaluation of the RC Meeting**

17:00 **Closure**

19:00 Dinner in **Auerbachs Keller** (since 1525)

## Sunday, 7<sup>th</sup> of October 2018

10:30 – 13:00 **Sightseeing/Exhibitions/boat rental etc.** - many possibilities to be decided upon by the participants

### Goal of this meeting:

This meeting will support scientific work and research activities in psychodrama on different levels. As a community of learners in research we want to propose a better integration of scientific work and research in our psychodrama training curricula and to support training of trainers in scientific writing and research.

In our research committee Meeting we also want to deepen our research cooperation and networks by working on research designs, research tools, processes and results in applied psychodrama research. In our meeting there will be time for presenting and discussing research projects, creating research ideas and sharing research experiences. And finally, we want to think about publishing our studies in order to share it with our psychodrama community and beyond.

### Venue of the RC Meeting:

University of Leipzig, Institute for Psychology, Neumarkt 9-19  
 D-04109 Leipzig

**Registration:**

Send a confirmation mail to [hannes.krall@aau.at](mailto:hannes.krall@aau.at)

**LOC Local Organizing Committee:**

Katja Kolmorgen: [katja\\_kolmorgen@hotmail.com](mailto:katja_kolmorgen@hotmail.com)

Anett Richter-Nowak & Uwe Nowak: [richter-nowak@pdi-leipzig.de](mailto:richter-nowak@pdi-leipzig.de)

**Pension/ Hotel:****Accommodation recommended by the LOC:**

Hotels: as we meet directly in the centre of the city, there are lots of hotels available inside the centre-circle. please book as soon as possible; October 3rd is a holiday in Germany, so many people use this week for trips and the hotels will be booked out. The following hotels are very close to university (about 5 min walk):

five Elements Hostel (ca. 30€ per night, no breakfast incl.)

motel one (ca. 80 incl. breakfast)

Travel24 (ca. 60-75)

ibis budget (ca. 65 incl.)

Adina apartment Hotel (ca. 92 incl.)

and many more hotels

**Travel information:**

If you have any questions, please feel free to contact the LOC

Katja Kolmorgen: [katja\\_kolmorgen@hotmail.com](mailto:katja_kolmorgen@hotmail.com)

**Airplane:** Airport Leipzig-Halle (half an hour by train - S-Bahn - to the city) or Airport Berlin - Schönefeld or Berlin - Tegel (S-Bahn to "Südkreuz", then by train to Leipzig 75 min)

**Train:** to Leipzig Hauptbahnhof

**Arrival by Car:** Leipzig is 180 km south of Berlin; if you come by car and don't want to use a parking garage in the city and pay for it (about 10 to 15€ per day), please contact [Anett.richter-nowak@pdi-leipzig.de](mailto:Anett.richter-nowak@pdi-leipzig.de) so I will help you to find a parking place close to our psychodrama-institute for free (tram to the city 10 min)

**Looking forward to meeting you in Leipzig,**

Hannes Krall

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